

SHARE AED PROGRAM MOCK DRILL:

It is recommended, as a registrant of the **SHARE Program**, that you conduct monthly or quarterly “mock cardiac arrest drills” at your facility. These drills will assist you in identification of the need for:

- 1) Additional trained personnel
- 2) Skills refresher for previously trained personnel
- 3) Re-education and refresher of your Emergency Response Plan
- 4) Additional AEDs
- 5) Relocation of current AEDs
- 6) Questions or issues needing Medical Director input

Given that in the event of an actual cardiac arrest emergency ***the single most important factor is your readiness to act quickly and precisely***, these “mock drills” will help to heighten awareness, encourage instinctive reaction and minimize delays.

PREPARATION: Select a date/time/location for your mock drill only known to you and anyone assigned to assist you. Check to make sure all AEDs are currently in a state of readiness and in their correct locations. Select or develop a patient scenario.

Note: use an AED trainer and mannequin if available. If not, use a pillow for a patient and your active AED without actually turning it on, talking through all steps once the AED has arrived at the “patient’s” side.

DRILL PROCEDURE:

1. Contact the individual/operator predetermined in your Emergency Response Plan telling him/her that a mock cardiac arrest AED drill is being initiated. Make sure they understand that this is a mock drill and *9-1-1 is not actually called*.
2. Have a previously designated person give the individual/operator all the scenario details as they would if they had witnessed a person collapse:
 - a. This is (*name*), I just saw a man, about 50 years old, collapse in (*location*). We need an AED here as soon as possible. Send someone to wait for EMS and direct them to the patient.
3. *Begin observing and timing*, allowing your Emergency Response Plan to proceed as designed.
4. Evaluate for those items listed on the Performance Checklist.
5. When drill has been completed, review with participants any areas of proficiency as well as those requiring attention and improvement. Address questions and suggestions from participants.

Prepared for SHARE Program Registrants

- By Lani Clark
- University of Arizona / AZDHS-BEMS

Revised by Desert AED: MOCK DRILL

TIME MOCK DRILL INITIATED

* _____ pm Call Made__

Arrival of First Responder to Scene_____

Call for Back-Up_____

Prioritize Care

- ☐ Check Scene for SAFETY
- ☐ Take Charge of Scene- Use "Caution" tape
- ☐ Check Victims Check for Unresponsiveness, Trouble Breathing, Bleeding. Broken Bones
- ☐ Call for Help (911 or Emergency number)
- ☐ Check for arrival of First Aid Kits, Blood Spurting Kits
- ☐ Check for arrival of AED
- ☐ Notify Supervisors

TIME AED ARRIVED AT PATIENT SIDE:

- ☐ Was unresponsive Victim's care Prioritized? Was CCC or CPR immediately started and continued until AED arrived at scene?
- ☐ Was AED turned on and placed near the patient's head on the same side as the AED operator
- ☐ Clothing removed, chest dried, hair shaved if necessary – upon arrival briefly tell the AED operator what you know about the patient and incident.
- ☐ Did First Responder use PPE (Gloves, Barriers)
- ☐ First Shock Del: _____
- ☐ AED operator knew how to check patient whenever directed by the AED
- ☐ AED operator performed CCC or CPR without delay when "no shock indicated" and patient remained unresponsive
- ☐ AED operator followed all verbal commands communicated by the AED
- ☐ AED operator knew what to do if patient became responsive
- ☐ AED operator was able to provide "EMS" with patient information, # shocks delivered, and incident specifics
- ☐ Event OVER _____

Prepared for SHARE Program Registrants

- By Lani Clark
- University of Arizona / AZDHS-BEMS

Location:

“Create a Safe Environment” for Drill

Scenario 1:

Prepared for SHARE Program Registrants

- By Lani Clark
- University of Arizona / AZDHS-BEMS